

Impacter Pathway provides flexibility in its implementation. Courses can be delivered either on a per-LESSON basis or be broken down into smaller, ACTIVITY-based segments.

### Lesson 1: The IMPACTER Cycle

Min.

Greater Than The Sum Of Its Parts	15
Repeat & Progress	10
How To Start & When To Begin	10
RECORD: Where Are You In Your Process?	10
<b>Total:</b>	<b>45</b>

### Lesson 2: Leadership Potential Diagnostic

RECORD: Where Are You On Your Leadership Journey?	25
Self-Assessment #1	10
<b>Total:</b>	<b>35</b>

### Lesson 3: Curiosity

Are You Born Curious?	15
The Green People Are Everywhere	20
Curiosity Is No Joke	20
RECORD: Let's Maximize Your Curiosity	5
<b>Total:</b>	<b>60</b>

### Lesson 4: Perspective-Taking

Where To See It	15
How To Take It	15
Ways To Change It	15
RECORD: Who Can You Get Some Perspective From?	5
<b>Total:</b>	<b>50</b>

### Lesson 5: Purpose

Ikigai For Impact	20
Passion Isn't Everything	20
Find It, Or Have It Find You	15
RECORD: Why Is Purpose So...	5
<b>Total:</b>	<b>60</b>

### Lesson 6: Self-Control

There's A Battle Going On In Your Mind...	20
But There Doesn't Have To Be	15
You're Greater Than You Realize	15
RECORD: What About Limits?	5
<b>Total:</b>	<b>55</b>

### Lesson 7: Reflection Checkpoint

Min.

RE-RECORD: Let's Do That Again!	10
Self-Assessment #1	10
<b>Total:</b>	<b>20</b>

### Lesson 8: Grit

Get Gritty With It	10
Hope Is What You Stand On	15
It's A Marathon, Not A Sprint	20
RECORD: Do Something Un-Fun	5
<b>Total:</b>	<b>50</b>

### Lesson 9: Growth Mindset

Greatness Needs No Words	15
Progress Is The Destination	15
Shape Your Mind	15
RECORD: The 10,000 Hours Rule	5
<b>Total:</b>	<b>50</b>

### Lesson 10: Compassion

Empathy Isn't Enough	20
Take, Match, Give	15
The Platinum Rule	20
RECORD: What's The Cost Of Compassion?	5
<b>Total:</b>	<b>60</b>

### Lesson 11: Gratitude

Feel It	25
Show It	20
Live It	15
RECORD: Who Are You Saving It For?	5
<b>Total:</b>	<b>65</b>

### Lesson 12: Leadership Potential Post-Assessment

Choose To Lead	10
RECORD: Where Are You Now On Your Leadership Journey?	25
Self-Assessment #3	10
<b>Total:</b>	<b>45</b>